

Michelle R. McCoy

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CURRICULUM VITAE

EDUCATION

CALIFORNIA STATE UNIVERSITY, FRESNO

- Pupil Personnel Services Credential – *issued February 2014*
- Masters of Science, Counseling - Marriage and Family Therapy – *degree received May of 2005*
- Bachelors of Science, Health Science w/ emphasis in Health Services Administration – *Degree received May 1999*

LICENSURE/CERTIFICATION

- California Licensed Marriage and Family Therapist, May 2014 – *issued by the California Board of Behavioral Sciences*
- NLBHA/NAAPIMHA Certification in Mental Health Interpreting Training – March 2013
- Certification in Working with Substance Abusing Families - 2007
- EMDRIA Training and Certification - Completed March 2017

CLINICAL EXPERIENCE

LIVEWELL BEHAVIORAL HEALTH COUNSELING CENTER, Fresno, California

Clinical Director, Licensed Marriage and Family Therapist *November 2014 to present*

- Perform psychotherapeutic counseling, including individual, group, and family counseling to clients using an Object Relations as my theoretical orientation.
- Utilization of EMDR to address trauma related symptoms and behaviors with identified clients
- Provide psycho-educational, therapeutic, and rehabilitation services for clients.
- Case management services to ensure clients access appropriate community resources.
- Evaluate psychosocial functioning by completing mental health assessments.
- Develop and implemented treatment plans.
- Bill insurance companies using web based billing software.

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH, Fresno, California

Licensed Mental Health Clinician – School Based Program *September 2013 to November 2014*

- Conduct psychosocial assessment, diagnosis of emotional and behavioral problems including, but not limited to, recommendations for remediation or placement in special programs or psycho-educational interventions to assist students to achieve their personal best.
- Consult with children, families and teachers when there is a crisis intervention need and provide students access to high quality learning options to raise student achievements; encourage and welcome the valuable contributions of families.
- Consult with teachers and administrators in the development and implementation of classroom methods used to improve learning, behavior and emotional problems to meet the needs of students and staff.
- Collaborate with Student Study Team members to identify strengths and weaknesses and make recommendations for children with special needs to assist in providing students access to high quality options and a variety of activities.
- Serve as District liaison between schools, community mental health professionals, juvenile agencies, and social service and community resources; establish collaborative relationships with staff, families, students and the community.
- Collaborate with the school psychologist for students receiving special education services.
- Maintain confidential records for the protection of students and families; evaluate and prepare written reports related to assigned students; complete necessary forms and documentation for insurance reimbursement

Licensed Mental Health Clinician – Youth Link

May 2011 to September 2013

- Collaboration with the Department of Social Services to provide mental health treatment for children and families who are involved with the Child Protective Services

- Treatment includes individual and/or family therapy, case management, group treatment, and community collaboration.
- Completion of the mental health assessments, making appropriate treatment recommendations to family court regarding mental health issues and child/family visitations
- Provision of mental health diagnosis and treatment, collaboration with social workers regarding the mental health treatment of the children and their biological family and/or foster family
- Collaboration with other community mental health agencies to help reunify the family.

Lead Clinician – Expansion Day Treatment

June 2008 to May 2011

- Facilitated a therapeutically driven program for students with severe mental health difficulties which negatively impacted the students ability to function academically, socially, and emotionally
- Provided therapeutic individual, group, and family counseling
- Performed assessments, develop referral plans, and provided intensive case management services
- Provided crisis counseling and interventions
- Collaborated and participated in IEP's, SST's and non-public school placements
- Counseled and consulted with student, family, and school psychologists regarding recommendations for treatment, discharge, transition, and follow-up planning once a student was discharged from EDT
- Engaged in community collaborations to maintain well-rounded access to community services

FAMILIESFIRST, INC., Fresno, California

Mental Health Clinician

July 2005 to June 2008

- Performed psychotherapeutic counseling, including individual, group, and family counseling to clients
- Provided outreach and emergency services and counseling in crisis situations
- Evaluated clients in a variety of outpatient and inpatient settings
- Made necessary referrals for clients as needed
- Provided detailed client record documentation and caseload records, prepare intake and discharge summaries, progress notes, and treatment reviews.

MADERA COUNTY BEHAVIORAL HEALTH SERVICES, Madera, California

Mental Health Case Manager

July 2004 to June 2005

- Evaluated psychosocial functioning and treatment planning for clients who meet the criteria for Dual Diagnosis
- Provided individual and group counseling for clients
- Provided psycho-educational, therapeutic, and rehabilitation services for consumers
- Case management services to ensure consumers access appropriate community resources.

FRESNO FAMILY COUNSELING CENTER, Fresno, California

Marriage and Family Therapy Trainee

August 2003 to August 2004

- Learned principles, procedures, and techniques of clinical casework services, counseling, and treatment
- evaluated psychosocial functioning by completing mental health assessment
- Developed and implemented treatment plans
- Provided crisis intervention
- Provided milieu, individual, couple, and family therapy

ADMINISTRATION EXPERIENCE

BUNCH AND SCALES GROUP HOMES, Fresno, California

Behavioral Analyst

September 2009 to December 2010

- Ensured staff and clients were receiving services in accordance to state compliance
- Provided one-on-one counseling and behavioral interventions for clients
- Developed and maintained behavioral intervention plans, maintained quarterly reports and annual reports
- Consulted with CVRC case managers as necessary, maintaining timely and appropriate charting practices
- Provided monthly training of staff and monthly meetings, ensured staff was maintaining charting as necessary, and provided one-one-one consultation to ensure staff followed appropriate behavioral interventions

FRESNO COUNTY DEPARTMENT OF BEHAVIORAL HEALTH, Fresno, California

Avatar Expert User

June 2013 to November 2014

- One of 12 member committee responsible for learning and implementing new computer based training to staff.
- Facilitate computer-based billing training to reduce billing errors and increase uniformity in billing procedures and practices
- Responsible for testing and implementing new billing practices using computer based program
- Provide ongoing training for staff on new computer based system

TEACHING EXPERIENCE

UNIVERSITY OF PHOENIX, Fresno, California

University Facilitator

February 2008 to February 2018

- Facilitation of undergraduate and graduate courses to student working toward earning their Baccalaureate degree in Psychology or Human Services or their Masters degree in Marriage and Family Therapy
- Courses taught include dependency and addictions, introduction to psychology, life span and human development, general psychology, child therapy, group counseling, family systems theory, and social and multicultural foundations.

PROFESSIONAL AFFILIATIONS

California Association of Marriage and Family Therapists

SPEAKING ENGAGEMENTS

Girls World Expo - Fearless Female Panel

March 2019

County of Fresno Department of Social Services - Self-Care: Remaining Resilient

April 2018

Love ME, Love LIFE, Live HEALTHY - Just Say "Ya!" Womens Health Event, Fresno, CA *April 2017 and 2018*

3rd Annual Powerhouse Power Brunch - Women Empowerment Series, Fresno, CA

February 2017